



Course schedule

	Saturdays 9:30–17:00 Classroom based Theory and practical	Thursdays 17:30–20:30 Classroom based Practical	Thursdays 17:30–20:30 Online via Zoom Case studies + Q&A
2024			
October	5 th , 19 th	10 th	24 th
November	2 nd , 16 th , 30 th	7 th	21 st
December	14 th	5 th	19 th

Winter Break

2025			
January	11 th , 25 th	16 th	30 th
February	8 th , 22 nd	13 th	27 th
March	8 th , 22 nd	13 th	27 th
April	5 th , 19 th	10 th	24 th
May	3 rd		

Course content

- YSD medicine development and differences between TCM & YSD
- YSD chart introduction and body map formula
- Understanding heat energy and life force
- Illness and senescence
- Medicine and health maintenance
- Diagnosis, treatment and first aid
- Treating severe illness and understanding cancer
- Skin conditions
- Ongoing, in-depth practical application of techniques covering head & neck, spine, hip & sacrum, shoulders, elbows & hands, and knees, ankles & feet
- Practical and theory assessments and feedback
- Supervised clinical practice

Students will be expected to pass their theory assessments and supervised clinical practice during April & May 2025 in order to be able to confidently treat with YSD Medicine.

A detailed schedule of dates will be included in the course welcome pack.